



How can climate change be stopped?

Efficiency means reducing the consumption of resources at the same yield (Efficiency = do things right). An example: Your parents want to buy a new car and you suggest to them to pay attention

Sufficiency means replacing consumption with alternatives or doing without things (Sufficiency = do the right things). An example: You take your bike to soccer practice instead of being taken by car.



1a) Assign the following examples to efficient and/or sufficient behavior and put them in the table: car sharing, the use of apps for carsharing and buying, selling and exchanging clothes, cooking leftovers, energy-saving lamps, drip irrigation, waste avoidance, electric cars

efficient behaviour	sufficient behaviour





1b) Consider other examples of efficient and/or sufficient behaviour from other areas of life.

	efficient behaviour	sufficient behaviour
mobility		
energy		
consump- tation		
others		

2) Name examples from the Reflectory for efficiency and sufficiency.

efficiency:

sufficiency:

